



Resolution 5

I WILL LIGHTEN MY BASE

Heavy make-up coverage day in, day out can clog pores and is surprisingly ageing. It's no coincidence that beauty companies are launching lighter formulations and many make-up artists now advocate sheer, lightweight foundations that help to provide a flawless finish.

M.A.C Studio Waterweight Foundation, \$72.

Resolution 6

I WILL CLEAN MY MAKE-UP BRUSHES WEEKLY

Unwashed brushes harbour bacteria that can cause infection and clog pores, not to mention fail to apply your make-up efficiently. If you use them every day, you should soak them at the end of every week. Mix soap into a little warm water in a jar or jug, add your brushes, then leave them to self-clean for five minutes. Rinse, then leave them to dry lying flat, as water can drip down and damage the handle if they're sitting up.

1. Nude by Nature Concealer Brush, \$19.95. 2. Nude by Nature Liquid Foundation Brush, \$24.95. 3. Nude by Nature Buffing Brush, \$34.95.



Resolution 7

I'LL MAKE AN EFFORT TO TREAT AND NOURISH MY HANDS

Maintaining your face and neck is important, but hands are also one of the first places to show age. Apply a hand cream with SPF each day, giving yourself a cuticle massage while you're at it and rubbing in any excess moisturiser from your face to the backs of hands. If you're concerned about age spots, try a product specifically designed to fade them.

1. Natio Wellness Hand Cream SPF15, \$13.50. 2. Hand Chemistry Retin-Oil, \$55.



Resolution 8

I WILL TRY A NEW BEAUTY TREND

Set aside some time to try to perfect a popular new make-up look, whether it's following a magazine how-to or watching an online tutorial – this time, it's strobing, contouring cheekbones or perfecting a statement brow. Expanding your repertoire is always a good idea, and you'll instantly update and modernise your look with a new technique.

Maybelline New York Master Brow Palette, \$19.99.



Resolution 9

I WILL BE MORE EXPERIMENTAL WITH MY FRAGRANCE

Many women have been faithful to the same fragrance for decades, despite the fact their style and make-up look has evolved significantly. With hundreds of perfumes launched every year, there's a new signature scent out there for everyone with on-trend notes and compositions that perhaps better suit their life stage.

1. Narciso Rodriguez Narciso Poudree EDP, \$118, is an intense, sexy evening fragrance.

2. Purity Fragrances Perfectly Me EDT, \$129, is a natural, eco-certified New Zealand-made citrus floral scent.



Resolution 10

I WILL STEP OUT OF MY COMFORT ZONE

While having a tried-and-true make-up routine down pat can save time, applying the same products and colour combinations can get a little stale and dated. Instantly brighten your look by experimenting with different shades in an eyeshadow palette. You can't go wrong as all the colours have been specifically included to complement each other.

L'Oréal Paris Color Riche La Palette Nude in Rose, \$35.99.

