

my
wedding
THE ART OF CELEBRATION



LOVE
...IT'S WHAT MAKES
THE WORLD
GO AROUND



NATURAL FRAGRANCE

As more women opt to reduce the amount of chemicals they use in daily life, a Kiwi company has launched a unique range of beautiful natural fragrances.

Purity Fragrances natural essential oil-based eau de toilette sprays are ethanol and synthetic free, making them a perfect choice for anyone who is unable to wear perfume due to allergies or those concerned about exposure to toxins.

The New Zealand-made fragrances were created by Purity founder Debbie Cope, an Auckland woman who is passionate about natural products. "Your skin is your largest organ and what you put on your skin, goes into your bloodstream," says Debbie. "Commercial fragrances make me feel unwell and the feedback I've received suggests thousands of other women feel the same way."

Debbie began making her own natural products as a hobby, using her aromatherapy knowledge to create moisturisers and household cleaning products including laundry powder and air freshener. "Everything I use is natural; some things I make, some I buy." But despite the vast range of natural products available in New Zealand, Debbie couldn't find a spray-on perfume. "You could get scented oils and cream and scented balms but not a fragrance

spray," she says.

A chance comment from a health store owner who suggested Debbie create her own fragrance was the beginning of the Purity story. Debbie enlisted the help of a New Zealand-based French perfumer to help her procure an eco-certified essential oil-based concentrate to use in the fragrances, which are then blended with other natural ingredients in Auckland. "They contain water, pure eco-certified essential oils, an eco-certified preservative and natural dispersants. Nothing more," she says.

There are three fragrances in the range. Perfectly Me is a citrus floral with an uplifting happy aroma which will appeal to lovers of ylang, ylang, rose and citrus My Moment is a floral oriental created to give the wearer a sense of enrichment with lush aromas of bergamot, white champaca, patchouli and cedarwood. Happily Mine is a green, earthy floral with notes of hyacinth, jasmine and sandalwood creating feelings of serenity and grace.

Available as 9ml and 50ml eau de toilette sprays from selected stockists around New Zealand and online.

www.purityfragrances.co.nz



A COMPLETE PACKAGE

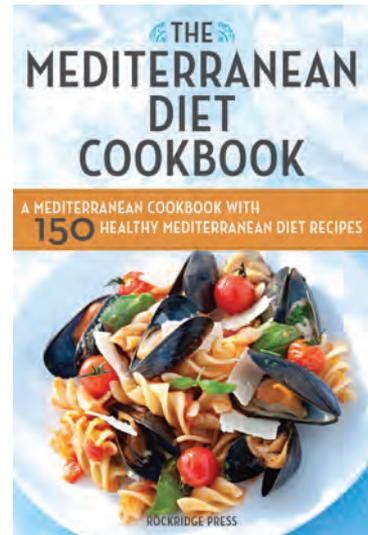


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MEDITERRANEAN COOKING



A Mediterranean diet is one of the healthiest diets in the world. This book features 150 Mediterranean diet recipes that are delicious and easy to follow, using fresh, whole foods that are low in carbohydrates and fats, and naturally high in disease-fighting phytonutrients and antioxidants. Full of flavourful foods that are scientifically proven to reduce the risk of cancer and cardiovascular disease.

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we love ...

CEREMONIES WITH MEANING



Rochelle Fleming is an Auckland based wedding celebrant who is approachable and friendly, immediately putting people at ease - connecting, listening, offering constructive ideas and hearing what's being said. She will work alongside you to tailor a ceremony that reflects your story and is filled with fun, warmth and personal touches. In Rochelle's capable hands you can feel reassured that at the end of the day when you are officially joined in marriage that it was everything you wanted - your perfect ceremony.

www.nzweddingcelebrant.co.nz



NATURAL FRAGRANCES



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www.purityfragrances.co.nz

